

## WINGS

### Boneless Wings

Hand Breaded and Tossed in your favorite sauce

5.....\$9.49    10.....\$16.49  
15.....\$22.49    20.....\$28.49

### Boneless Wings

Fresh, non breaded

10 - \$16.49    20 - \$28.49

Wing Sauces

Mild, Hot, Hot Damn, Honey Buffalo, Sweet Chili,  
BBQ, Teriyaki, Cinnamon Chipotle Dry Rub  
Extra Ranch or Blue Cheese 0.75

## BURGERS

Served with Fries or Chips

Sub Onion Rings or Sweet Potato Fries for 1.49

### Build Your Own Burger\*    10.49

Add Cheese 0.75, Add Bacon \$1.75,  
Add Avocado \$1.50

### Patriot Burger\*    13.99

Cheddar, Bacon, BBQ Sauce, Onion Ring

### Slap Shot\*    12.99

Swiss, Mushrooms

### Hot Shot Burger\*    13.49

Pepper jack, bacon, jalapeno Bottlecaps, chipotle  
mayo

### Larry Bird\*    13.99

Buffalo Chicken Dip, lettuce, tomato, and bacon

### Red Sox Club House Burger\*    13.99

American, Bacon, lettuce, tomato and Bacon on  
thick sliced bread

### Black Bean Burger    11.99

Lettuce, tomato and avocado

\*Warning, consuming raw or undercooked meat may increase  
your risk of foodborne illness.

## STARTERS

### Loaded Tots    9.99

Crispy Tater Tots topped with cheddar cheese  
sauce, bacon and sour cream on the side

### Mozzarella Sticks

### Fried Pickles    7.99

Served with ranch dressing

### Buffalo Chicken Dip    10.99

Homemade and served with house fried potato  
chips

### Loaded Buffalo Fries    13.99

Fries topped with boneless wings, hot sauce,  
cheddar jack cheese, bacon and sour cream

### Quesadilla    6.99

Add Chicken 2.99 Add onion, gr pepper & tomatoes  
\$2.49

### Hat Trick Sampler    13.99

Loaded Tots, Mozzarella Sticks & Boneless Wings

### 2 Pretzels & Cheese    7.99

### Mini Veggie Tray    8.24

### Fried Mushrooms    8.99

### 3 Boneless Wings & Fries    \$8.99

### Loaded Nachos    11.99

## DESSERTS

### Whoopie Pie    2.24

### Peanut Butter Pie    4.24

### Ballpark Sundae    5.49

### Cheesecake    4.00

### Oreo Cheesecake    4.24

\*Prices subject to change



# 41 Washington St.

# Bangor, ME

# 207.974.3033

## CATERING AVAILABLE

Visit [herossportsgrill.com](http://herossportsgrill.com) for menu  
options or call 974-3033 for more  
information

Box lunches available for teams and  
office groups

## Hours of Operation

Monday : Closed

Tues - Thurs: 4 pm - 9 pm

Friday 11 am - 9 pm

Saturday 12 pm - 9 pm

Sunday 12 pm - 8 pm

## PIZZA

	<b>10"</b>	<b>16"</b>
<b>Cheese</b>	<b>7.99</b>	<b>12.99</b>
<b>Pepperoni</b>	<b>8.99</b>	<b>14.74</b>
<b>Buffalo Chicken</b>	<b>11.49</b>	<b>18.24</b>

Your choice of wing sauce, fried chicken and a mozzarella cheese blend

<b>Veggie</b>	<b>10.99</b>	<b>17.99</b>
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Onion, green pepper, mushroom, black olive and tomato

<b>Meatlovers</b>	<b>14.49</b>	<b>24.99</b>
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Hamburger, pepperoni, sausage, bacon and ham

<b>Supreme</b>	<b>12.99</b>	<b>22.99</b>
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Onion, green pepper, pepperoni, sausage & bacon

<b>The Mainah</b>	<b>10.24</b>	<b>15.74</b>
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Cheese pizza topped with red hot dogs

<b>Loaded Cheeseburger</b>	<b>11.49</b>	<b>19.49</b>
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Thousand Island, cheddar cheese, hamburger, lettuce, and pickles

Sub Cauliflower crust on 10" pizza for \$2.50

Additional Toppings:

Pepperoni, Ham, Onion, Green Pepper, Jalapenos, Black Olives, Tomato, Pineapple, Mushroom, Extra Cheese 10" \$1.00 16" \$1.99

Grilled Chicken, Fried Chicken, Hamburger, Sausage, Bacon, Hot Dogs 10" \$1.99 16" \$3.99

\*\*Check out our menu online for more specialty pizzas!

## MAC & CHEESE

<b>Buffalo Chicken</b>	<b>12.49</b>
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Creamy mac and cheese with fried chicken and mild buffalo sauce

<b>Mainah Mac</b>	<b>11.49</b>
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Creamy mac and cheese with red hot dogs

<b>Steak Mac &amp; Cheese</b>	<b>12.99</b>
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Loaded with onion, green peppers and mushrooms upon request

## LOADED BREADSTICKS

<b>Cheese</b>	<b>7.99</b>
<b>Pepperoni</b>	<b>8.99</b>
<b>Buffalo Chicken</b>	<b>11.49</b>
<b>Hawaiian</b>	<b>9.99</b>
<b>Steak &amp; Cheese</b>	<b>12.99</b>

## PLATTERS

Served with Fries or Chips & Coleslaw  
Sub Onion Rings or Sweet Potato Fries for 1.49

<b>Chicken Fingers</b>	<b>11.99</b>
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5 Hand breaded fresh chicken tenders

<b>Fish &amp; Chips</b>	<b>13.99</b>
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<b>Steak Tips*</b>	<b>15.99</b>
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Marinated steak tips served with 2 sides

## SALADS

<b>Garden Salad</b>	<b>\$8.49</b>
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<b>Caesar Salad</b>	<b>\$7.99</b>
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<b>Buffalo Chicken Salad</b>	<b>\$12.99</b>
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Lettuce, onion, green pepper, tomato, cucumbers, & fried chicken tossed in your choice of wing sauce

<b>Southwest Chicken Salad</b>	<b>\$12.99</b>
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Romaine, black olives, jack cheddar cheese, avocado and seasoned chicken

Add Fried Chicken \$3.99

Add Grilled Chicken \$3.99

Add Cranberry Walnut Chicken Salad \$3.99

Add Steak Tips \$5.99

## SANDWICHES

Served with Fries or Chips  
Sub Onion Rings or Sweet Potato Fries for 1.49

<b>Buffalo Chicken Wrap</b>	<b>11.99</b>
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Your choice of wing sauce, fried chicken, lettuce, tomato, cheese

<b>Philly Steak &amp; Cheese</b>	<b>12.99</b>
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<b>Philly Chicken Sub</b>	<b>12.49</b>
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<b>Haddock Sandwich</b>	<b>12.49</b>
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with lettuce, tomato, and tartar

<b>Chicken Caesar Wrap</b>	<b>11.99</b>
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Grilled Chicken, parmesan cheese, lettuce and caesar dressing

<b>Chicken Salad BLT</b>	<b>12.99</b>
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Cranberry Walnut Chicken Salad, lettuce, tomato and Bacon

<b>Crispy Chicken Wrap</b>	<b>11.99</b>
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Fried chicken, lettuce, tomato, bacon and cheese

<b>2 Hot Dog Basket</b>	<b>10.99</b>
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red hot dogs with your choice of toppings

<b>Southwest Chicken Wrap</b>	<b>12.49</b>
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Lettuce, black olives, tomatoes, shredded cheese, avocado, seasoned chicken and southwest ranch

<b>Buffalo chicken Club</b>	<b>14.99</b>
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Fried Chicken Breast, Buffalo Sauce, cheese, lettuce, tomato and bacon and thick sliced bread

## SIDES

	<b>Small</b>	<b>Large</b>
<b>French Fries</b>	<b>3.24</b>	<b>5.99</b>
<b>House Fried Chips</b>	<b>3.24</b>	<b>5.99</b>
<b>Sweet Potato Fries</b>	<b>3.99</b>	<b>7.49</b>
<b>Tater Tots</b>	<b>3.24</b>	<b>6.49</b>
<b>Mac &amp; Cheese</b>	<b>4.24</b>	<b>7.99</b>
<b>Onion Rings</b>	<b>3.49</b>	<b>6.49</b>

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